

# GIVING UP A \$20,000 MONTHLY JOB TO BECOME A VOLUNTEER

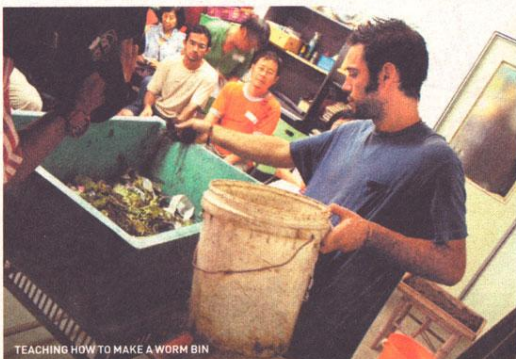
BY Ling Seow



AN OUTDOOR WORKSHOP ON ALLEY CROPPING



FARMING EXPERIENCE FOR ALL



TEACHING HOW TO MAKE A WORM BIN

**WILL** you give up a \$20,000 monthly pay job to become a volunteer? Good Paper met up with Mdm Joyce Lye, who did that 10 years ago to set up a charity organisation - Kampung Senang Charity and Education Foundation. Joyce's answer for her mind-boggling decision was simple - she could not turn down the calling inside her to repay what she had received from the community and to help those in need.

On Sunday, 19 July 2009, Kampung Senang celebrated her 10th Anniversary Harmony Day at the Kampung Senang Activity Centre in Tampines where more than 300 public, volunteers and members turn up for a fun-filled day of celebration. There was performance by kids from the Kampung Senang child care centre, eco-farm tour led by staff and volunteers and sumptuous lunch for participant sponsored by members.

For Joyce - Kampung Senang is her mission - "Care for the Environment, Care for the People".

Her vision was to get that old kampung spirit back on track - in the face of all the modern-day aberrations: the spirit of "senang" - a Malay word for "wellness" - a sense of peace and harmony.

In 2007, while rejoicing the success of Kampung Senang, Joyce and her partners went on to bring greater height to Kampung Senang. They set up Eco-Harmony Global Network Limited, a social enterprise under Kampung Senang.

One of the several objectives of Eco-Harmony is to bring together all environment conscious people, pure nature food and cosmos loving energy. This explains the wide variety of activities, projects and courses organised by Eco-Harmony in the field of Holistic Health and Living.

Eco-Harmony's main activities and projects in promoting healthy and holistic living include:

- **Education and Training:** As an approved training organization accredited by the Workforce Development Agency (WDA), it provides training courses for people working in VWOs. It also conducts wellness and eco-harmony workshops / talks / retreats. For members, schools and the public.
- **Eco-Friendly Kitchen:** Located at ground floor of BLK 106 Aljunied Crescent, the kitchen serves healthy organic vegetarian meals to members and staff. Healthy cooking and baking classes are also conducted on a regular basis.

- **Retailing:** It supply a wide range of natural, organic products and fresh organic vegetables and fruit to people interested in organic diets and healthy lifestyles at two of their centres.

- **"Wheels of Hope":** this project provides recycled mobility aids and hospital beds to the needy. It also conducts training courses for people interested in fixing such recyclable items. It won the NVPC "New Non-Profit Initiative Award" in 2008.

Eco-Harmony runs 2 retailing outlets at 840 Tampines St 82 and 106 Aljunied Crescent.

If you are keen to understand more about holistic living activities and courses, just give them a call at 6749 8509. Or simply visit them at the Aljunied outlet: Blk 106, #01-205, Aljunied Crescent. ☎

**NOTE**

Organic meals are available daily from lunch onwards at the Eco-Friendly Kitchen, please call 6749 8509 to confirm.

To find out more, log onto the following website:

- <http://www.eco-harmony.net/>
- <http://ecoharmony.multiply.com/>
- <http://www.kg-senang.org.sg/>



MARKING THE PATH