Testimonies 分享园地

Rejuvenating Hydrobath

I was diagnosed with stage 3 colon cancer in 2012. A surgery was done to remove part of the colon, to be followed by a series of 8 cycles of chemotherapy. However, as I got into the 3rd cycle of chemotherapy, my body became very weak and I decided to stop the treatment. I chose alternative therapy that was not harmful to the body. I came to know about Kampung Senang and learned to change my diet from meat based to vegetarian and organic as far as possible. I attended full day detox class regularly for a few months to cleanse my body from toxins that were built up over the years. Since then, my health took a better turn and I have been coming every week on Members Day to participate in exercise, healing code and other programs.

One therapy of particular mention was the ultrasonic hydrobath. I have been doing it every week since I came to Kampung Senang. It helps to get rid of toxins in my body. Chemotherapy made me feel cold all the time. Hydrobath warms my body. I feel so rejuvenated and energetic. I choose to do it before lunch so that I have a much better appetite to enjoy lunch. It also improves my quality of sleep. Good things are to be shared, so I truly recommend this for cancer patients. In Kampung Senang, the price is much more affordable, with a special formula for EMF removal for those who wish to remove radioactive toxin from the body after CT scan and X-ray.

Testimony contributed by Christina Tay in July 2015

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超音波气泡浴

2012 年被诊断患上第三期结肠癌，切除部分结肠之后，必须接受 8 次化疗。在做完第 3 次化疗，身体感觉很弱，再也撑不下去，毅然放弃化疗，转向无伤害性的自然疗法。认识轻安村之后，我学习改变饮食，从荤食改为素食，并且尽量吃有机食物。我连续几个月参加全日排毒课程，尽量排除体内多年累积的毒素。很欣慰的，我的健康渐渐好转。直到现在，我还是每个星期来参加会员日的活动。

其中一项值得推荐的疗法是超音波气泡浴。自从认识轻安村之后，我每星期都来做超音波气泡浴。它能帮助我排除体内毒素。化疗之后的身体常感到冰冷，超音波气泡浴能把身体暖和，并且让我感到有精神气力。通常我选择在午餐前泡澡，提升食欲，让我更好的享用午餐。睡眠品质也改善了。好事当然要分享，所以我很诚意地向大家推荐超音波气泡浴。比起一般的温泉或香精浴，这里的收费很大众化，而且对清除电磁波的疗效很好。超音波气泡浴+海盐+苏打粉原来可以帮助我们去除被电磁波干扰的副作用。

Christina Tay (July 2015)